



Missouri Crisis Intervention Team (MO CIT) Council

Crisis Intervention Team (CIT) Training Overview

The Memphis Model: The Beginning

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- **The first CIT Model was developed in Memphis, TN in 1988**
- **In response to a lethal use of force by police involving a person with a mental illness**
- **A local effort to bring together law enforcement personnel, mental health professionals and advocates**
- **Goals of the CIT program are to recruit, train and support police officers to respond effectively to individuals experiencing a mental health crisis**



Missouri Model of Crisis Intervention

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The Missouri CIT program is a partnership of law enforcement and other first responders, behavioral health providers, hospitals, courts, individuals with lived experience and community partners who are dedicated to implementing the Missouri Model of CIT.



GOALS of MO CIT

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- Promote more effective interactions between law enforcement and individuals in crisis, through a 40 Hour training centered on behavioral health education and de-escalation skills;
- Improve the safety of the officer and individuals in crisis;



GOALS of MO CIT

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- Help individuals in crisis by connecting them with appropriate community resources, in an effort to divert involvement with the Criminal Justice System;
- Reduce stigma; and
- Expand CIT across the state, especially to the rural areas.



Taking Missouri to the Next Level

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- DMH funded a State CIT Coordinator Position
- Beginning January of 2016, DMH contracted with the Missouri Behavioral Health Council to provide support for CIT.
- Better accountability for funding and support.
- Development and implementation of the Missouri Model.



- Expansion



Missouri Department of
MENTAL HEALTH



Missouri CIT Council

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Law enforcement agencies with
established CIT Programs

Law enforcement agencies working to
develop CIT programs

Department of Mental Health

Missouri Behavioral Health Council

Community Behavioral Health Agencies

Hospitals

National Alliance on Mental Illness (NAMI)

Other state agencies: Corrections, Health
and Senior Services, Social Services



Missouri CIT Council

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- A standardized 40-hour curriculum that is being utilized state wide
- Access to online resources (Toolkit)
- Defining a local council and its expectations
- Consistent branding
- Provide a standardized CIT pin
- Fostering CIT as key component of crisis response



Created Standardized Curriculum Advanced CIT Courses

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MO CIT CURRICULUM

Electives Courses (6-8 Hours)	Minimum Hours	Maximum Hours	Example 1	Example 2
1. CIT from the Officer/Deputy/Trooper Point of View	1	2		
2. CIT Reports/Supervision	1	2		1
3. Tactical Planning/Liability Consideration	1	2		
4. Terrorism	1	2		
5. Law Enforcement Suicide	1	2	1	
6. Suicide by Cop	1	2	1	
7. Suicidal vs. Non-Suicidal Self Harm	1	2		
8. Counseling on Access to Lethal Means (CALM)	1	2		
9. Inpatient Hospital Assessment Process	1	2		1
10. Trauma Informed Care	1	2		
11. Post-Traumatic Stress Disorder (PTSD)	1	2	2	
12. Bipolar Disorder	1	2		
13. Personality Disorders	1	2		
14. Excited Delirium	1	2		
15. Autism Spectrum Disorder	1	2	1	
16. Alzheimer's Disease	1	2		
17. Hoarding Disorder	1	2	1	
18. Eating Disorders	1	2		
19. Specialty Courts	1	2		2
20. Guardianship and Power of Attorney	1	2		
21. Homelessness	1	2	2	2
22. Reducing Stigma	1	2		
23. Networking Lunch (local sponsorship required)	1	1		
Select at least 4 classes from the list to equal up to 8 hours.				
The minimum number of elective class hours is 6.	6			6
The maximum number of elective class hours is 8.		8	8	
TOTAL HOURS	40	40	40	40

- Advanced-8 hour
- CIT Concepts-8 hour
- Dispatch/Tele-communications
- Veterans
- Youth
- Jail

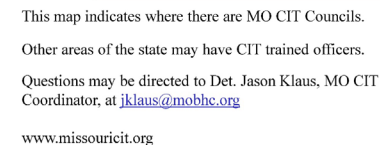


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**Missouri Crisis Intervention Team (CIT)
Program Expansion Map
April 2014**



**Missouri Crisis Intervention Team (MO CIT)
Program Expansion Map
November 2021**

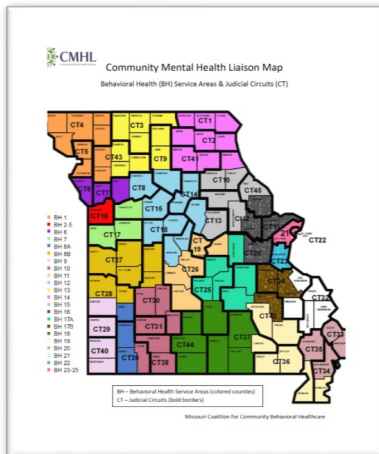


Community Behavioral Health Liaisons (CBHLs)

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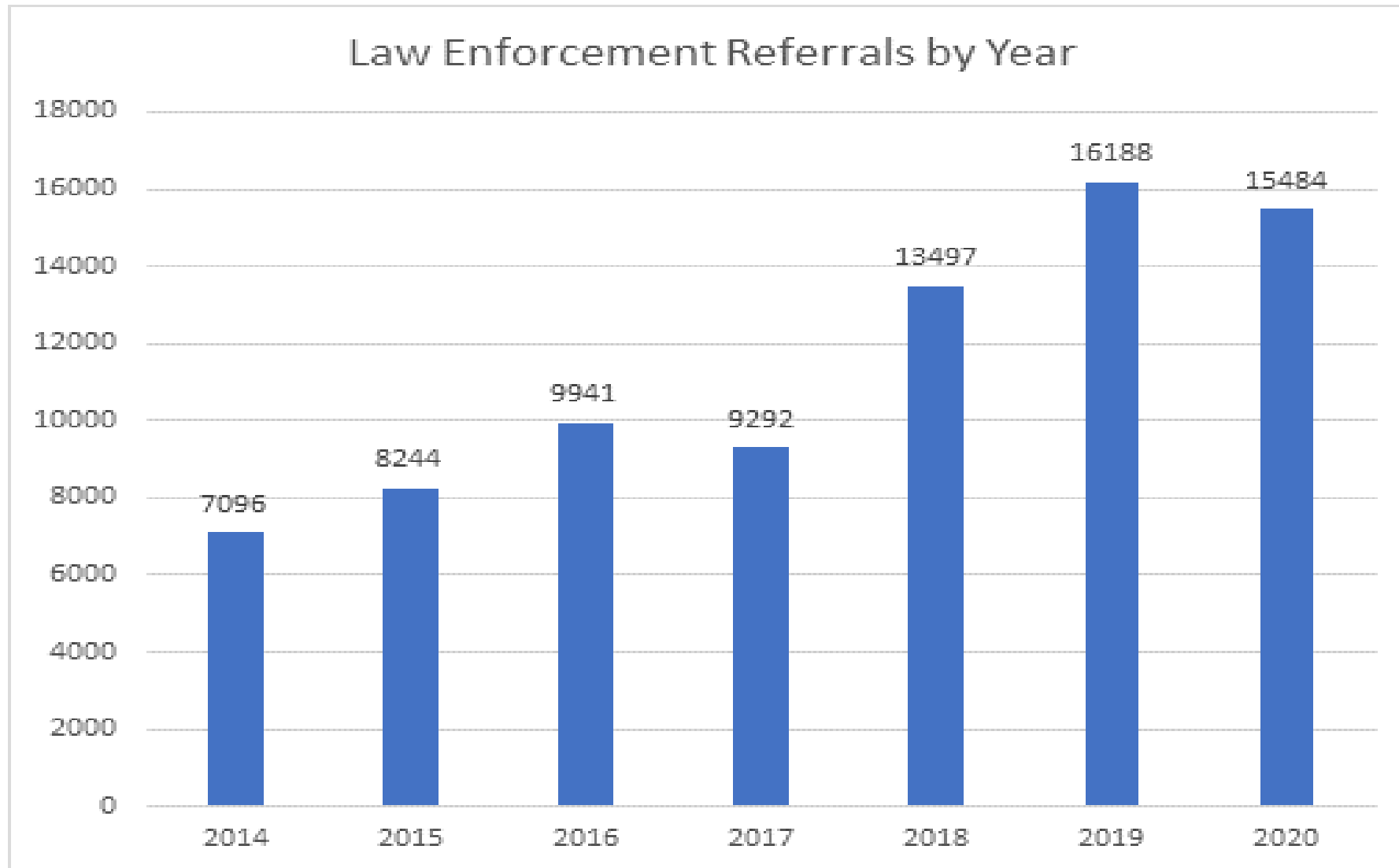
31 CBHL's – recently added additional 50 positions!

- Every Missouri county has access to a CBHL
- Only work with Law Enforcement & courts
- Assist in CIT Expansion



CIT Referrals to CMHLs

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34 Local Councils

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Boonslick
Bootheel Area
Callaway
Capital Area
East Central
Four Rivers
Franklin County
***Grand River**
Great Rivers
Green Hills Regional
Jefferson County
Johnson County - JOCOMO
Mid-America - MACIT
Mid-Missouri - MIDMO
***Mid-South**
***M&M**
Mineral Area



*** = expansion site**

Missouri River
North Central
Northeast - NEMO
Northwest
Ozarks Area
Polk/Bolivar
Saints Avenue
Show Me
South Central
Southeast
Southwest
***St. Clair | The Defenders**
St. Louis Area
Three Rivers
TRI-CIT
Truman Area
West Central

Definition of a Local MO CIT Council

1. Meets regularly for at least a year (the recommendation is monthly meetings, but at least quarterly meetings are required).
2. Have CIT trained officers/deputies in their area. (The local council does not have to provide CIT training. The Council can send officers/deputies to established CIT trainings in other areas).
3. Council is implementing the “Missouri Model” of CIT, including using the Missouri CIT Curriculum, following standardized data collection practices, etc.
4. Must have active participation by a member of the local Council (in person, by teleconference) in four of the six state MO CIT meetings annually and,
5. Requesting council submits a letter explaining how your council meets the criteria to the MO CIT Council for approval.



Benefits of a Local CIT Council Meeting

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- Team Collaboration
- Case Studies
- **Determine Best Practices/Response**
- Local Resource Identification
- Local Agency/Resource Spotlight
- Training/Event Calendar



First Responder Provider Network

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- Directory of approved culturally competent clinicians and therapist who want to serve first responders
- Specialize in First Responder care/trauma
- Will work with insurance, cash, sliding scale, pro bono
- Currently over 25 vetted providers

www.missouricit.org/first-responders



VISIT MISSOURI CIT COUNCIL

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Missouri Crisis Intervention
Team (MO CIT) Council

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MISSOURI CRISIS INTERVENTION TEAM (MO CIT) COUNCIL



SAVE THE DATE - CONFERENCE

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2022 **MISSOURI CRISIS INTERVENTION TEAM (MO CIT) CONFERENCE**

SAVE THE DATE

MARCH 6-8, 2022
Holiday Inn & Expo Center
COLUMBIA, MISSOURI



Questions?

www.missouricit.org

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www.MissouriCIT.org

