

## Missouri Model of CIT

The foundation of the MO CIT Model is based on the Memphis Model and has expanded in the following ways:

- The standardized MOCIT Curriculum is 40-hours of required training, including elective courses that address the specific needs of each community;
- Individuals with lived experience are valued as a crucial resource to help inform best practices at every level;
- There is emphasis on strong, diverse partnerships;
- Wellness for all individuals, including law enforcement and other first responders, is recognized and promoted.



## First Responder Provider Network (FRPN)

The MO CIT Council has identified a list of trained behavioral health professionals who specialize in helping first responders who are struggling with depression, anxiety, relationships, post-traumatic stress symptoms and more. The providers on this network understand our unique professional culture and are trusted and vetted by first responders.

A list of these providers can be found at: [www.missouricit.org/first-responders](http://www.missouricit.org/first-responders).

The FRPN is considered a self-referral source.



## What Can You Do

Find a council in your local area and get involved. Go to: [www.missouricit.org](http://www.missouricit.org) for a list of councils and contact persons by county.

 [www.missouricit.org](http://www.missouricit.org)

 [Facebook.com/MOCITCouncil](https://www.facebook.com/MOCITCouncil)

 [@MOCIT4](https://twitter.com/MOCIT4)



# MISSOURI CIT

CRISIS INTERVENTION TEAM



***"IT'S MORE  
THAN JUST  
TRAINING!"***



## What is CIT?

The Missouri Crisis Intervention Team (MO CIT) program is a partnership of law enforcement and other first responders, behavioral health providers, hospitals, courts, individuals with lived experience, and community partners who are dedicated to implementing the Missouri Model of CIT.

### The goals of CIT are to:

- Promote more effective interactions between law enforcement and first responders working with individuals in crisis by attending a 40-hour training centered on behavioral health education and de-escalations skills;
- Assist individuals in crisis by connecting them with available community resources in an effort to avoid involvement with the criminal justice system and unnecessary emergency department visits;
- Improve the safety of the first responder and individual(s) in crisis;
- Reduce stigma, and;
- Expand and sustain CIT across the state.

## Why CIT?

- Diversion from the criminal justice system to community resources;
- Reduced unnecessary emergency medical care;
- Increased officer and citizen safety;
- Higher success rate in resolving community crisis situations;
- Extended skills of officers;
- Reduced recidivism;
- Increased community resources for law enforcement and other first responders;
- Improved community relations.

*The Crisis Intervention Team (CIT) has been a tremendous asset to our Police Department and the community. They provided education to my officers that was extremely helpful. They were also very knowledgeable and passionate about a plethora of topics and additional resources related to Community Behavioral Health. I would highly recommend your Law Enforcement agency reach out to your CIT Project Coordinator for education and assistance. CIT is definitely a LEO tool that you want in your tool box.*

Chief of Police, Todd Lemoine  
Kimberling City Police Department

*CIT has been so helpful in the areas of crisis recognition, and de-escalation. Since taking the course I use my toolbox nearly every day. Whether it's a referral or crisis resolution, CIT has made it so much more manageable and has been instrumental in my dealings with the public.*

Deputy Jared Holcomb  
Daviss County Sheriff's Department

## How Are We Organized?

The **MO CIT Council** is a network of representatives from each established local CIT council across the state, Community Behavioral Health Liaisons (CBHLs), state agencies and associations, and those with lived experience. The business of the MO CIT Council is informed by the needs identified by the local CIT Councils. Missouri's CIT program is led by the state **CIT Coordinator** with direction from the Missouri CIT Council.

**Local CIT Councils** are comprised of local stakeholders who work to identify and address local structural barriers to individuals receiving the services they deserve to achieve greater stability. Local CIT Councils are encouraged to provide CIT trainings to local law enforcement and other first responders, focusing on local resources.

The Missouri Department of Mental Health in partnership with the Missouri Behavioral Health Council, provides support for the MO CIT Council.

