

# MISSOURI CIT 8-HOUR CONCEPTS COURSE

## CONTENT INCLUDES:



\*Overview of CIT

\*Overview of Behavioral Health

\*Suicide Prevention

\*First Responder Wellness

\*De-escalation

Law Enforcement and EMS CEU's offered:

- ★ 3.5 hours | Interpersonal (including de-escalation)
- ★ 1 hour | Legal
- ★ 1.5 hours | Skill Development
- ★ 2 hours | Technical Studies