



**CIT Officer Advanced In-Service Education**  
***Law Enforcement Response to Youth in Mental Health Crisis***  
**July 20 to July 22, 2016**  
**St. Louis County & Municipal Police Academy**  
**1266 Sutter Ave., Wellston, MO 63133**

**Wednesday, July 20, 2016**

- 8:00 – 8:50 a.m.      ***Introduction to the CIT for Youth, DVD: A Reason to Live or More than Sad***  
P.O. Amy Willenbrock – St. Louis County Police Department
- 9:00 – 9:50 a.m.      ***Adolescent Development***  
Al Eason – Children’s Community Operations, Eastern Region, Missouri Department of Mental Health
- 10:00 - 11:30 a.m.      ***Psychiatric Disorders, ADHD, Conduct Disorders, Depression and Anxiety***  
Joshua Calhoun, MD, Pediatric Psychiatrist – Hawthorne Children’s Psychiatric Hospital
- 11:30 a.m. – 12:30 p.m.      LUNCH
- 12:30 p.m. – 1:50 p.m.      ***Understanding and Interviewing Traumatized Youth***  
Linda McQuary & Ashley Gold Parker – Children's Advocacy Services of Greater St. Louis
- 2:00 – 2:50 p.m.      ***Psychotropic Medications***  
Lynn Baer – BJC Behavioral Health
- 3:00 – 3:50 p.m.      ***Substance Abuse and Co-Occurring Disorders***  
Rebecca Mowen – Recovery 360
- 4:00 – 5:00 p.m.      ***Case Studies***  
Amy Willenbrock – St. Louis County Police Dept.

**Thursday, July 21, 2016**

- 8:00 – 8:50 a.m.      ***Developmental Disorders***  
Sharon Spurlock – St. Louis ARC
- 9:00 – 9:50 a.m.      ***Autism Spectrum Disorders***  
Jennifer Haughey – Easter Seals Midwest/Autism Division
- 10:00 – 10:50 a.m.      ***Bullying and Technology Issues***  
Kristina Kersting – Lutheran Family & Children’s Services of Missouri
- 11:00 a.m. – 12:00 p.m.      ***Cyber-Bullying, Legal Implications and Strategies for Schools***  
Kristina Kersting – Lutheran Family & Children’s Services of Missouri
- 12:00 p.m. – 1:00 p.m.      LUNCH
- 1:00 – 1:50 p.m.      ***Non-Suicidal Self Injury vs. Suicidal Self Injury***  
Elizabeth Matoushek – Life Crisis Service, Provident Inc.
- 2:00 – 2:50 p.m.      ***Suicide Intervention***  
Elizabeth Matoushek – Life Crisis Service, Provident Inc.
- 3:00 – 5:00 p.m.      ***Family and Child Perspectives***  
Deanna Orf – NAMI St. Louis

- Continued on reverse -

**Friday, July 22, 2016**

- 8:00 – 8:50 a.m.      *Cultural Competency and Diversity*  
Police Officer Robert Morley – St. Louis County Police Department
- 9:00 – 9:50 a.m.      *Individual Education Plans (IEP's)*  
Amy Willenbrock – St. Louis County Police Dept.
- 10:00a.m. – 12:00 p.m.      *Legal Issues: Informed Consent / Duty to Warn, Recognizing and Reporting Child Abuse and Neglect*  
Terry Wiese – Family Court
- 12:00 p.m. – 1:00 p.m.      LUNCH
- 1:00 – 1:50 p.m.      *Active Listening*  
Elizabeth Matoushek – Life Crisis Service, Provident Inc.
- 2:00 – 3:50 p.m.      *Role Play Session*
- 4:00 – 5:00 p.m.      *Program Review, Questions/Answers, Graduation*  
Amy Willenbrock

# CIT Training Course Schedule: July 25-29, 2016

St. Louis County & Municipal Police Academy  
1266 Sutter Avenue, Wellston, MO 63133

Sponsored by Coordinating Council,  
St. Louis Area Crisis Intervention Team Program

## **MONDAY (7/25/2016)**

### ***a.m.:***

- 8:00-8:50 - **Registration/Pre-test/Orientation;** Sgt. Jeremy Romo / Richard Stevenson  
9:00-12:00 - **Overview/ Behavioral Symptoms / Impact on Individuals;** V. West/M.Bernthal/R.Stevenson

### ***p.m.:***

- 1:00-1:50 - **Age and Medical Aspects;** Carol Melka  
2:00-2:50 - **Intervention with Children & Teenagers;** Lynn Baer  
3:00-3:50 - **Medications Side Effects & Noncompliance Issues;** Lynn Baer  
4:00-5:00 - **Substance Abuse & Co-occurring Disorders;** Jenny Armbruster

## **TUESDAY (7/26/2016)**

### ***a.m.:***

- 8:00-8:50 - **Cultural Diversity;** Jan Mirikitani  
9:00-9:50 - **Devel. Disabilities & Medical Conditions Affecting Behavior;** Alison Haney

- 10:00-10:50 - **Autism;** Aaron Likens  
11:00-12:00 - **Suicide Intervention;** Adrienne Martin

### ***p.m.:***

- 1:00-5:00 - **Site Visits:** Independence Center, Easter Seals Midwest Center for Autism

## **WEDNESDAY (7/27/2016)**

### ***a.m.:***

- 8:00-8:50 - **Hospital Policies;** C. Koester; R. Stevenson  
9:00-9:50 - **Video – Bipolar Volunteer Firefighter**  
10:00-10:50 - **Community Resources: Homelessness; CMHCs, BHR, CMHLs –** B. Haymer; Lisa Lappin  
11:00-11:25 - **Community Resources: MHA, Other Services –** LaDonna Haley  
11:25-11:50 - **Community Resources: NAMI & Family Outreach;** R. Stevenson

### ***p.m.:***

- 1:00-5:00 - **Consumer & Family Perspectives: Documentary & Panel -** Facilitated by R. Stevenson;  
Documentary: Before They Fall Off the Cliff; Panelists: M. Jordan; J. Pace; S. Powell;

## **THURSDAY (7/28/2016)**

### ***a.m.:***

- 8:00-12:00 - **De-escalation of Crisis Situations;** Sgt. J.F. Romo

### ***p.m.:***

- 1:00-5:00 - **Role Play:** 5 role play scenarios – Facilitated by Sgt. Romo; Role Players: Robert; Chris Beavin; Tim Conroy; R. Stevenson; Veronica West

## **FRIDAY (7/29/2016)**

### ***a.m.:***

- 8:00-8:50 - **Mental Health Law, Involuntary Admission, Pts. Rights; Officer Liability –** Tara Carney  
9:00-9:50 - **St. Louis County Mental Health & Other Specialty Courts –** Joyce Kelley  
10:00-10:50 - **Supervision of CIT Calls & CIT Reports –** Chris Koester  
11:00-12:00 - **CIT from an Officer's Point of View –** P.O. Don Moore

### ***p.m.:***

- 1:00-2:50 - **CIT Policies & Liability Issues –** Sgt. Romo  
3:00-3:50 - **Q&A, Review, Eval., Post-test –** Sgt. Romo  
4:00-5:00 - **Graduation Certificates;**