

Crisis Hotlines		
Behavioral Health Response	24/7; assists officers and individuals; Mobile Outreach	314-469-6644
Life Crisis Services	24/7; part of Provident, Inc.	314-647-HELP
KUTO (Kids Under Twenty One)	Sun. - Thur. 4:00 - 10:00pm; Fri. - Sat. 4:00 - Midnight	314-644-5886
Youth Connection Hotlines: Crisis, referrals, potential for on-site assistance	St. Louis Co. - 19 and younger St. Louis City - 18 and younger St. Charles Co. - 18 and younger	314-628-2929 314-485-4635 636-642-0642
Veterans Crisis Line	24/7	800-273-8255
Community Mental Health Liaisons (CMHL)		
Call Behavioral Health Response (BHR)	... ask to speak to a CMH Liaison serving St. Louis area.	314-469-6644
Public/Department of Mental Health (DMH)		
BJC Behavioral Health	STL County & south city; offices in Kirkwood, Bridgeton, Downtown	314-729-4004
Comtrea, Inc.	Jefferson County	636-931-2700
Crider Center for Health	St. Charles, Lincoln, Warren and Franklin Counties	636-332-6000
Hopewell Center	North city	314-531-1770
Hawthorn Children's Psychiatric Hospital		314-512-7800
STL Psychiatric Rehab Center	Long term, forensic; No ER	314-877-6500
Police Contacts for Private Hospitals		
Barnes-Jewish	ED Communication Nurse	314-362-9104
Christian Hospital Northeast	ED Nurse-In-Charge	314-653-5700
DePaul Health Center	ED Nurse-In-Charge	314-344-6360
Mercy St. Louis	Nurse Supervisor	314-251-9625
St. Alexius	ED Charge Nurse	314-865-7955
St. Anthony's/Hyland		314-525-4400
STL Regional Psychiatric Stabilization Center	Formerly MPC	314-877-0500
St. Louis University Hospital	ED Charge Nurse	314-718-2666 314-577-8777
St. Mary's Health Center	ED Nurse-In-Charge	314-768-8360



1905 South Grand Blvd. St. Louis MO 63104
 314-773-1399 www.mha-em.org
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Community Mental Health Programs		
ADAPT of Missouri	Case management	314-644-3111
BRIDGES Program at Mental Health America	Free mental health education courses and support groups; multiple locations	314-773-1399
Independence Center	Clubhouse model; focus on employment skills	314-533-4245
Peter & Paul Community Services	Emergency shelter for homeless men	314-588-7111
Places for People	Clubhouse model; focus on housing; case management	314-535-5600
St. Patrick Center	Multiple services/programs; focus on mental illness, substance abuse and homelessness	314-802-0700
Self-Help Center (Affton)	Drop-in center for socialization, support groups, etc.	314-781-0199
Education/Information & Referral Services		
Depression Bipolar Support Alliance (DBSA)	Support groups; multiple locations	314-652-6100
Mental Health America of Eastern MO	Education, info, referrals, support group directory	314-773-1399
NAMI St. Louis (Nat'l. Alliance on Mental Illness)	Education, support for family and friends of person w/mental illness	314-962-4670
NCADA (Nat'l. Council on Alcoholism & Drug Abuse)	Education, info, referrals	314-962-3456
Autism/Developmental Disabilities/Learning Disabilities		
Behavior Intervention Services	Wide range of clinical, training, supportive services	314-395-9375
Learning Disabilities Association	Focus on learning disabilities	314-966-3088
Easter Seals Midwest	Wide range of clinical, training, supportive services for Autism, Developmental and Learning Disabilities	314-567-7705
St. Louis Regional Center	Part of MO Dept. of Mental Health	314-475-7600
Looking for any type of support group? www.mha-em.org		314-773-1399
Prescription Assistance; any type of medication	Partnership for Prescription Assistance www.pparx.org	888-477-2669

Additional Community Resources		
AIDS Hotline		314-647-1144
ALIVE (Alternatives to Living In Violent Environments)	Crisis line, safe shelter, supportive services	314-993-2777
Emotions Anonymous	Emotionsanonymous.org	651-647-9712
Family Resource Center	Counseling for kids and family re: abuse, neglect	314-534-9350
Gamblers Anonymous		888-746-9427
Kids In The Middle	Kids of divorce and remarriage	314-909-9922
RAVEN (Rape And Violence End Now)	Men's program	314-289-8000
Recovery, International	Support groups for mental illness	866-221-0302 Liz81@att.net
Safe Connections	Domestic violence services for women	314-531-2003
Survivors of Suicide (Life Crisis Services at Provident, Inc.)	Support group for people whose loved one completed suicide	314-647-3100
Senior Services		
Alzheimer's Association	Safe Return Program, education, referrals	314-432-3422
Arthritis Foundation		314-991-9333
County Older Resident Program (CORP)	Transportation, small home repair, tax assistance, etc.	314-615-4516
Good Neighbor Program at Lutheran Senior Services	Referrals for home chores, personal care, shopping assistance, etc.	314-446-2471
Health & Senior Services	Elder Abuse Hotline	800-392-0210
Lutheran Senior Services	In-home services, senior living solutions	314-446-2475
Mid-East Area Agency on Aging	St. Louis County St. Louis City	636-207-0847 314-612-5900
Parkinson Disease Association		314-362-3299
VOYCE	Helps find appropriate Residential Care Facilities	314-918-8222

Sliding Scale Counseling Services		
Agape Christian Counseling Services	Multiple locations	314-994-9344
Care & Counseling	Multiple locations	314-878-4340
Catholic Family Services	Multiple locations	314-544-3800
Center for Counseling & Family Therapy	St. Louis University counseling clinic	314-977-2505
Christian Psychological & Family Services		314-567-4994
Community Psychological Services	UM-St. Louis psychology clinic	314-516-5824
Family Counseling Center	UM-St. Louis counseling clinic	314-516-4613
Jewish Family & Children's Services		314-993-1000
Lutheran Family & Children's Services		314-878-5100
Provident Counseling	Multiple locations	314-533-8200
Psychological Service Center	Washington University psychology clinic	314-935-6555
Psychological Services Center	St. Louis University psychology clinic	314-977-2278
Walter's Walk	North county	314-731-2433
Miscellaneous Resources		
Housing Resource Center	Access to network of emergency shelters	314-802-5444
United Way	Referrals to wide range of social services	211
24/7 Alcohol & Drug Abuse Hotline		800-252-6465
24/7 Cocaine Help Line		800-992-9239
Rape Abuse Incest Nat'l. Network (RAINN)		800-656-4673