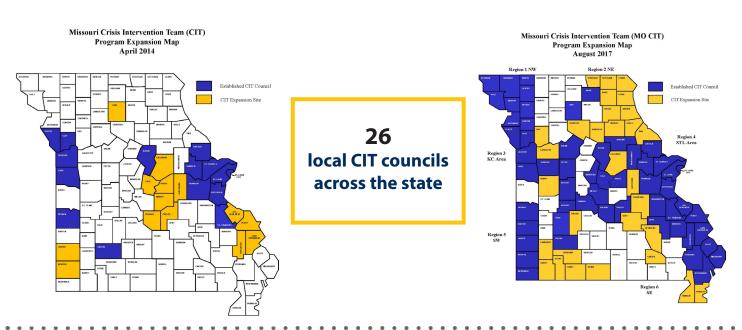


# MO Crisis Intervention Team (CIT) Council

The Missouri Crisis Intervention Team (MO CIT) Council is an organization whose primary purpose is to facilitate understanding, development, and implementation of CIT programs throughout Missouri and in our neighborhoods in order to promote and support collaborative efforts to create and sustain more effective interactions among law enforcement, mental health care professionals, individuals with behavioral health issues, their families and communities, and also to reduce the stigma of behavioral health conditions.

The MO CIT Council is a state collaboration of law enforcement and the community dedicated to helping individuals with behavioral health disorders by implementing the Missouri Model of CIT.



### More than **7,200** Law Enforcement Trained in Crisis Intervention

Crisis Intervention Team (CIT) training provides a model of specialized law enforcement expertise. Volunteer officers, based in the general patrol division, work in cooperation with the behavioral health system, and families. Trained CIT police officers carry on the normal duties of law enforcement, but switch to a specialist role when a potential behavioral health-related crisis is identified.

CIT focuses on de-escalation strategies and redirecting the individual from the criminal justice system to the mental health care system. In turn, the behavioral health care system assumes "custody" of the individual and provides directed and non-restrictive accessibility to a full range of health care and social service options.



Law enforcment who are CIT trained wear the official CIT pin.

#### How Does CIT Work?

The CIT officer utilizes their training to de-escalate the crisis and connects that person to behavioral health resources. The 40 hour curriculum includes mental health and substance use disorder experts, legal experts, individuals/family advocates, and experienced CIT officers. Once trained CIT officers are in place, high-risk crisis calls are directed to an on-duty CIT officer. The CIT officer, employing a de-escalation intervention strategy, may access ACI crisis services, or transport the individual to a partnered hospital emergency room. The behavioral health system assumes "custody" and provides a "police-friendly" efficient turnaround time for the officer to return to normal patrol duty.

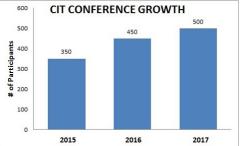
## **Outcomes of Crisis Intervention Teams**

- Increases officer/citizen safety
- Decreases police liability and litigation
- Extends officers' skills
- Increases on-scene expertise
- Reduces the time officers spend at hospital emergency departments
- Increases officer/community confidence
- Increases professionalism
- Empowers officers to divert person(s) with behavioral health issues to treatment
- Increases cooperation between criminal justice and mental health systems
- Establishes responsibility and accountability
- Decreases arrest rates
- Reduces recidivism

 SAVE THE DATE
 CIT CONFERENCE

 MO CIT Conference 2018
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 March 19-20, 2018
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### **Importance of Crisis Intervention Teams**

For additional information visit: www.missouricit.org

Police are often the first to be called for a crisis situation involving persons with a behavioral health condition. These crisis situations can and have involved officer and citizen injury or deaths.

CIT training significantly decreases injuries, death, and community dissent. In turn, persons with a behavioral health condition are diverted to the mental health system and treatment rather than to jail or to return to the streets.

Citizens become more confident in reporting crisis situations and police officers are better prepared to respond safely to those situations. Crisis intervention shifts from lose-lose to win-win.

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