



NEW Crisis Resources for First Responders



988 is confidential, free, and available 24/7/365

CALL or TEXT 988
CHAT at 988lifeline.org



1. 988

A. WHAT IS 988?

- Not everyone who calls 911 needs a police or EMS response.
- As a first responder, you can help individuals in your community receive the help they need.

B. WHEN TO CONTACT 988?

988 is a direct connection for anyone experiencing a crisis, including:

- thoughts of suicide
- mental health or substance use crisis
- emotional distress
- concern for a loved one who may need crisis support

C. WHAT CAN SOMEONE EXPECT WHEN THEY CONTACT 988?

- A 988 crisis specialist will answer the contact and ask a few questions, such as concerns about immediate danger or risks for suicide.
- 988 can connect individuals with resources such as **mobile crisis response**, if a higher level of care is needed.

2. MOBILE CRISIS RESPONSE

- Behavioral health professionals and/or peer specialists
- Dispatched by 988
- Respond to where the individual is in the community
- **Offer onsite response to help the individual in crisis statewide 24/7**
- May be deployed without your dispatch center's knowledge
- If dispatched to the same scene, mobile crisis response staff should identify themselves to first responders

3. BEHAVIORAL HEALTH CRISIS CENTERS (BHCC)

- A place for individuals in crisis
- Individuals are triaged, stabilized, and connected to resources.
- **Provides first responders with options - other than taking the individual to the emergency room or jail.**
- Contact the nearest BHCC to learn more about eligibility and hours of operation.

BHCC LOCATIONS:

Western Missouri:

- Kansas City
- Independence
- Raytown
- Raymore
- Springfield
- Joplin
- St. Joseph

Central Missouri:

- Columbia
- Jefferson City
- Rolla
- West Plains

Eastern Missouri:

- Hannibal
- Kirksville
- Wentzville
- Bridgeton
- City of St. Louis
- Cape Girardeau
- Poplar Bluff



4. FIRST RESPONDER PROVIDER NETWORK (FRPN)

- List of trained behavioral health professionals vetted by MO CIT and first responders
- **Resource for you, your family, or if you respond to a first responder who needs assistance**
- FRPN professionals understand your unique professional culture
- Specialize in depression, anxiety, post-traumatic stress, anger, relationships, etc.



MO CIT WELLNESS APP

- **Free, confidential, and anonymous wellness app for first responders**
- Includes a therapist finder with FRPN providers
- User name: MOCIT
- Password: wellness1