

MO CIT Curriculum Classes (Total Hours = 40)			
			POST CLEE Category
Required Courses (32-34 Hours)	Minimum Hours	SEMO Hours	Category
1. Overview of CIT (Entry Test Required)	1	1	Technical
2. Overview of Mental Health Disorders	1	2	Technical
3. Substance Use/Co-Occurring Disorders	1	1	Technical
4. Medication	1	1	Technical
5. Suicide Intervention	1	1	Technical
6. De-Escalation Strategies and Techniques	4	4	Interpersonal
7. De-Escalation Role Plays	4	4	Skill Development
8. Lived Experience Panel(s)	2	3	Interpersonal
9. Hospital Procedures	1	1	Technical
10. Community Resources	1	2	Technical
11. Site Visits	2	3	Interpersonal
12. Overview of Civil Involuntary Detention Laws	1	1	Legal
*13. Building Trust and Legitimacy in Diverse Communities	1	2	Interpersonal
14. Youth Interventions	1	1	Technical
15. Aging Interventions	1	1	Technical
16. Intellectual Disabilities	1	1	Technical
17. Officer/Deputy/Trooper Wellness	1	1	Technical
18. Veterans' Issues	1	2	Technical
19. Graduation & CIT Evaluation (Exit Evaluation Required)	1	1	Technical
The minimum number of required class hours is 32. (6 additional hours from the list above are required to reach the 32 hour minimum).	32	33	
The maximum number of required class hours is 34. (No more than 8 additional hours from the list above are allowed to reach the 34 hour maximum).	34		

			POST Hours	
Electives Courses (6-8 Hours)	Minimum Hours	SEMO Hours	POST CLEE Category	
1. CIT from the Officer/Deputy/Trooper Point of View	1	1	Technical	
2. CIT Reports/Supervision	1	1	Technical	
3. Tactical Planning/Liability Consideration	1	1	Technical	
4. Terrorism	1	1	Technical	
5. Law Enforcement Suicide	1		Technical	
6. Suicide by Cop	1		Technical	
7. Suicidal vs. Non-Suicidal Self Harm	1		Technical	
8. Counseling on Access to Lethal Means (CALM)	1		Technical	
9. Inpatient Hospital Assessment Process	1		Technical	
10. Trauma Informed Care	1		Technical	
11. Post-Traumatic Stress Disorder (PTSD)	1	1	Technical	
12. Bipolar Disorder	1		Technical	
13. Personality Disorders	1		Technical	
14. Excited Delirium	1		Technical	
15. Autism Spectrum Disorder	1	1	Technical	
16. Alzheimer's Disease	1		Technical	
17. Hoarding Disorder	1		Technical	
18. Eating Disorders	1		Technical	
19. Specialty Courts	1	1	Legal	
20. Guardianship and Power of Attorney	1		Legal	
21. Homelessness	1	1	Technical	
22. Reducing Stigma	1		Technical	
23. Networking Lunch (local sponsorship required)	1		Technical	
Select at least 4 classes from the list to equal up to 8 hours.				
The minimum number of elective class hours is 6.	6			
The maximum number of elective class hours is 8.		8		
TOTAL HOURS	40	40		

* At SEMO, we teach Building Trust and Legitimacy in Diverse Communities as a 2-hour block and incorporate the racial profiling statutes (RSMo. 590.650). This statute ties directly to this block of training and is required by POST Continuing Law Enforcement Education (CLEE). By doing this, officers who takes our basic C.I.T. class, automatically meets all P.O.S.T. requirements, including 1 hour of racial profiling, for the year, except for firearms.